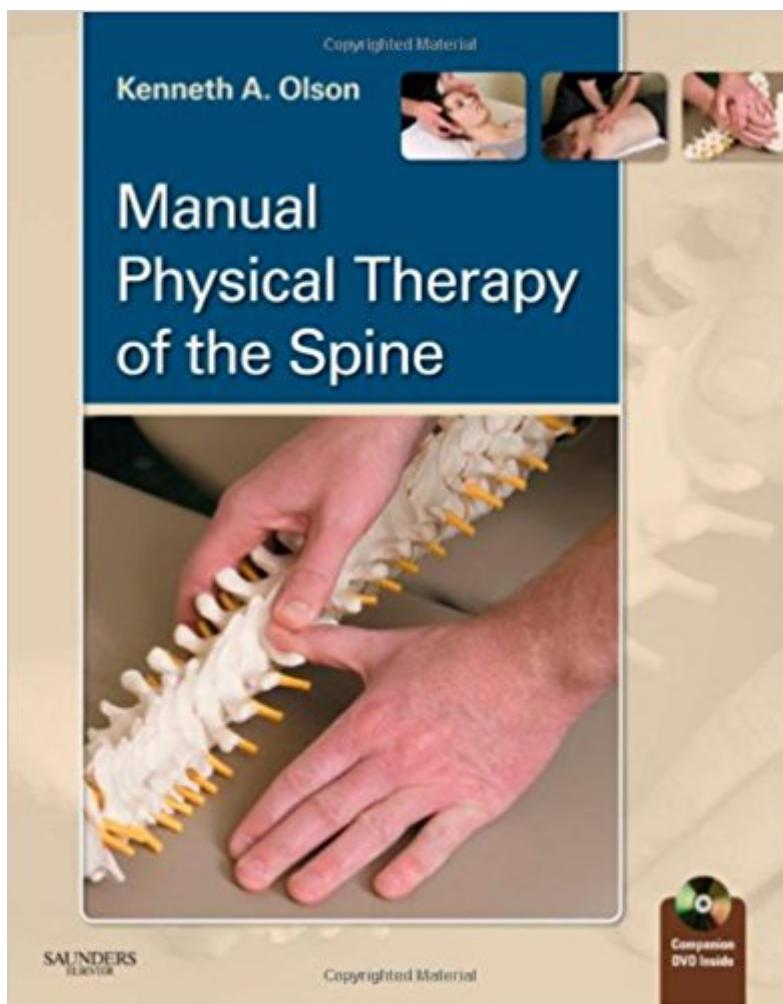


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# Manual Physical Therapy Of The Spine, 1e



## **Synopsis**

A hands-on, how-to approach helps you learn techniques and clinical problem-solving skills for treating spine and TMJ disorders! Written by a well-known authority on the subject of spinal manipulation in physical therapy, this book provides the information you need to make sound decisions during clinical interventions. An evidence-based impairment classification approach helps you provide the best outcomes for your patients. A companion DVD includes video clips demonstrating spinal examination and manipulation procedures. Specifically for physical therapists dedicated to spinal manipulation! Complete coverage meets the core curriculum needs of physical therapy students, and provides an excellent self-study tool for clinicians wanting to enhance their practice. Detailed information on treatment strategies and techniques includes evidence-based coverage of the examination and treatment of spine and TMJ disorders, with an emphasis on integration of manipulation and therapeutic exercise. A framework for completing a comprehensive exam includes medical screening, patient interview, disability assessment, and tests and measures, along with an evaluation of the examination findings and the principles involved in arriving at a diagnosis and plan of care. Narrated video clips on a companion DVD include step-by-step instructions of each procedure, plus a unique 3-dimensional perspective of over 80 spinal manipulations and procedures (frontal, lateral, and cranial views). A DVD icon in the book links the text discussion to the DVD. Case studies demonstrate the clinical reasoning used in manual physical therapy. Guide to Physical Therapist Practice terminology is used throughout the book, making the content easier to understand and promoting conformity in terminology. Clear photographs show essential concepts and procedures from multiple angles, illustrating hand and body placement and direction of force. A clear, consistent format makes this a convenient reference in the clinical setting. Lay-flat binding allows the text to lay open for ease of use.

## **Book Information**

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## Customer Reviews

This book is a great tool to assist you with manual therapy of the c-spine, t-spine and TMJ. The pictures are helpful, the instructions are clear and fairly concise. The DVD is invaluable. It's hard to remember high grade manipulations that you don't use regularly- the DVD will fully demo most of them (but not all of them) for you. I'd definitely recommend this book.

This book was really helpful to me in PT school when studying spine. He uses recent (at least as recent as possible given publication date) research to teach the best practices for exam and intervention, then goes through each exam and intervention technique in detail. The book comes with a CD which I found helpful to review technique. I continue to go back to this at work. Note to students: because this is evidence based, if there is a new edition I would strongly recommend spending the extra money on it since the research is constantly being updated and improved upon.

I am a physical therapist with little experience in orthopedics as my specialty is geriatrics. This book has helped me a lot in learning mobilization of the spine. The text is easy to understand. My only caveat, hence the 4 stars, is the DVD. Not all techniques in the book are in the DVD so it is a little difficult to mentally picture some mobilization techniques.

It shipped quickly and was as described

Thank you, It's wonderful and very nice book

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